

# Imani Breakthrough Recovery Program\*



**WE aim to Promote Health and Healing for Ourselves and Our Communities!**

*A program designed for*

## **People with Opioid Problems and Other Drug and Alcohol Use**

The program takes place in churches and is designed to be culturally, spiritually and trauma-informed to assist individuals recovering from opioid use/abuse and other drug or alcohol problems. Call or email to see if you are eligible and sign up. Participants will receive a small monetary stipend for transportation.

What is it? Involves 2 parts:

1. **A Group component** – 12 weeks of classes and mutual support focused on wellness enhancement and the 5 Rs: Roles, resources, responsibilities, relationships, and rights, and their importance to recovery and community connection.

**WITH**

2. **A Wellness Coaching component** – During the 12 weeks and up to 1 month after, Coaches provide weekly check-ins to support you in your recovery goals.

## **4 Locations – YOU MUST CONTACT US TO SIGN UP!**

- **Mount Aery Baptist, 73 Frank St., Bridgeport: Thursday 6pm-8pm**  
Michael Walton – [michaelwalton17@yahoo.com](mailto:michaelwalton17@yahoo.com) – 475-224-1228  
Rev. Velva Tucker – [vtucker@sbcglobal.net](mailto:vtucker@sbcglobal.net) – 203-434-9761
- **224 EcoSpace/ Conference of Churches, 224 Farmington Ave., Hartford: Wednesdays 10am-12pm**  
Stephen Best – [sbest79876@aol.com](mailto:sbest79876@aol.com) – 203-907-7872  
Akilah Barr – [akilahbarr@gmail.com](mailto:akilahbarr@gmail.com) – 475-224-1067
- **Varick Memorial AME Zion, 242 Dixwell Ave., New Haven: Wednesday 5pm-7pm**  
Sylvia Cooper – [coopersylvia@yahoo.com](mailto:coopersylvia@yahoo.com) – 475-224-1448  
Michelle Alford – 203-907-5482
- **Burning Bush Family Life Center, 117 Sharon Road Mallview, Waterbury: Wednesday 6pm-8pm**  
Bobby Wells – [rwells6292@yahoo.com](mailto:rwells6292@yahoo.com) – 203-525-1433  
Marjorie Teasley – 203-440-7478