

# Maya's Fruit Salad with Blood Orange Juice and Mint

From *Notes from a Maine Kitchen* (Down East Books, 2011) by Kathy Gunst.

This is the classic Mother's Day fruit salad the girls made for me year after year. You can use any variety of fresh fruit, but be sure to try the orange juice and fresh mint to add an extra dimension of flavor.

## Ingredients:

1 pineapple, skin and core removed

1 cantaloupe, rind and seeds removed

1 banana, peeled

1 cup strawberries (hulled), raspberries, and/or blackberries

3 tablespoons chopped fresh mint, plus 4 mint leaves left whole

About 1/3 cup fresh-squeezed blood orange juice, regular orange juice, or orange juice with pulp

Cut the pineapple and melon into 1-inch size pieces. Cut the banana into 1-inch pieces. Place the pineapple and melon in a bowl and add the banana slices. Sprinkle on the berries, chopped mint, and orange juice and mix gently. Garnish with fresh mint leaves. Cover and refrigerate until ready to serve. Serves 4.